

# **Booklet BEM Kemafar UNPAD**

# **STUDENT**

# **EXCHANGE**

# **PROGRAMME**



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# IPSF

The International Pharmaceutical Students' Federation (IPSF) was founded in 1949 by eight pharmacy student associations in London, United Kingdom.

The Federation now represents approximately 350,000 pharmacy students and recent graduates in 80 countries worldwide. IPSF is the leading international advocacy organisation for pharmacy and pharmaceutical science students. IPSF promote improved public health through the provision of information, education, and networking opportunities as well as a range of publications and professional activities.





# BEM KEMAFAR UNPAD

BEM KEMAFAR UNPAD is an organization from Faculty of Pharmacy in Universitas Padjadjaran that is located in Sumedang, Indonesia.

We joined IPSF as a Member in Association in 2008, and worked along with ISMAFARSI as the full member from Indonesia and the other MiAs from Indonesia. BEM KEMAFAR UNPAD also provides you a Student Exchange Programme with a various activities.







# OUR PROGRAM

## Area Possibilities

- Research
- Community Pharmacy

## Length of Period

From 2-3 weeks

## Available Month

Start from  
August-September

## Place of Training

Located in our main university in Jatinangor, Indonesia. For some activities also will be located in Bandung, Indonesia.

## Type of Accommodation

- Apartment
- Guest house
- University dormitories





# ESSENTIAL THINGS TO KNOW



## Visa

## Language

The official language is Bahasa Indonesia. Some people also speak in our traditional language depends on our region. During exchange, main activity will use English.

## Currency

All transaction will use Indonesian Rupiah/IDR . You need to exchange your money first before coming to Indonesia, or you can exchange it in airport or banks near our university.

## Weather

During period of August and September, it will be hot and humid in Indonesia. Also sometimes may be little rain here.

## Daily Wears

Due to our majority of traditions and religion in our university, females are recommended to wear clothes which not much showy and pants/skirts all under knees.

## Budget

You need to pay your own daily meals and other things beside the program. You will need around IDR100.000 per day for average meals.

## Public and Daily Transportation

For public transportation will be paid with Indonesian Rupiah. For daily transportation (cars for daily pick-up) will be provide by us but may need additional charge, if you need it. Inside our university, there is also bus that go around every few minutes.

# IMPORTANT!

## Things to prepare before coming to Indonesia

1

Prepare **Visa** no later than one month before the exchange in your own country, if your country is required to have visa to entry Indonesia.

2

Prepare a **copy of all important documents** (passport, visa, identity card) and keep in your wallet or bag. Always bring it everywhere you go.

3

Estimate your budget that you will need during the exchange and **bring extra cash/ credit card** as your back-ups.

## MUST TO DO LIST IN INDONESIA

Try our traditional food, especially the spices!

Play our traditional games that Indonesian children used to play.

Take a good pic of our beautiful nature!



# TIPS

Only drink drinking water, not tap water! **Always drink a lot of water** to stay hydrated due to hot and sunny day

**Wear thin clothes** but not showy to stay cooled. Bring pocket umbrella in your bag for prevention

**Get back** to your staying place **before 10.00 PM.** Always communicate with SEP team if you gonna be home late

**Bring international electricity plug** that match with Indonesian socket, if your plug is different in Indonesia!



# EXCITING ACTIVITIES



## Welcoming Party

One day before the programs start, we will have little party. The mayor activities will be introduction of our university, program, SEP team and also introduction of all exchange student to our students.

## Industry Visit

We will bring you to visit one of pharmaceutical industry (ex. PT. Biofarma) to know more about industry in Indonesia.

## Weekend Trip

This is the most exciting part! We will have weekend trip around Jatinangor and Bandung, Indonesia.

## Saung Angklung Udjo

Place where you can try and watch traditional instrument and musical theater of Indonesian culture



## Curug Maribaya

Curug means waterfall. Maribaya and Cimahi are the name of the area where the waterfalls are. It will show you the beauty of nature that hardly find in modern town



# EXCITING ACTIVITIES

## Dusun Bambu Lembang

It is a park in the mountain feet that provide education and recreation facilities.



## Floating Market Lembang

It is traditional market in floating boat. You can take a look to the market and take a picture of this unique place



## Social and Food Festival

This festival will let you to know more about Indonesian culture especially traditional food and games. You will required to bring your own special traditional food to be presented



**Thank you**

